

Report at a glance

This is the first NAIF report to use the new case ascertainment method and include inpatient fall-related injuries beyond hip fractures, which can affect patients' recovery and confidence.

As changes in case ascertainment and case mix limit direct comparisons with previous years, the key clinical findings from 2025 are:

33% of cases had a high-quality multifactorial assessment to optimise safe activity (MASA) (KPI 1) during admission, before the injurious fall.



Delirium screening continues to decline, similar to the pattern we have noted over the prior 4 years.



Recording of actual measures related to MASA (such as blood pressure and 4AT scores) is still very low.



Significant improvements are still needed in post-fall management, particularly in effective checks for injuries (KPI 2) and medical examination (KPI 4). Preliminary data suggest patients with pelvic ring, vertebral and rib fractures receive poorer care than those with other injuries.

This mirrors findings from the NHFD and FLS-DB.

NEW KPI

Managing pain after an injurious inpatient fall is essential, to minimise distress for patients and to optimise outcomes. In this report, we introduce KPI 5 – this measures whether a patient has been **given analgesia within 30 minutes of the fall**.



In 2025, this was achieved in **39%** of cases.



We also present the first facilities audit since 2022, measuring leadership, policy, process and governance. Most questions are NAIF-recommended practices, and results are broken down by setting to show variation.

Recommendations call on integrated care boards (ICBs) and Welsh HBs to:

1. strengthen oversight of participation and case ascertainment
2. standardise post-fall processes and workforce competency
3. ensure effective falls governance.



NAIF has identified four areas for healthcare improvement, referred to as 'spotlights'. Based on report findings, these highlight where trusts and HBs can focus improvement activity to support better patient care.

The full FFFAP glossary is [available here](#).