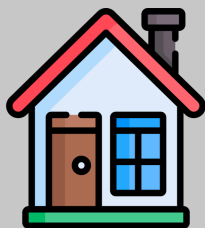


National Confidential Inquiry into Suicide and
Safety in Mental Health (NCISH)27%
peoplewho died by **suicide** had contact with **mental health services** in the **12 months** before death

Our findings suggest...

If you live alone



If you live alone, your care should address both your **health** and **social** risks

Ethnic differences

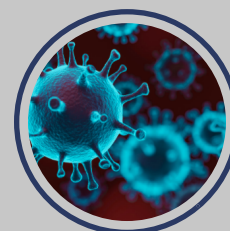


Suicide risk **differs by ethnic group**, and your care should consider these differences

Young people



You might feel like you are facing a **range of complex problems**. You should not be excluded from services because of this

Mental healthcare
during COVID-19

Services need to support people who are **anxious, isolated, or lonely**. Your usual care should be disrupted as little as possible