

# Hip fracture in 2024 – the report at a glance

Each year 72,000 people in England, Wales and Northern Ireland have a hip fracture – and with an ageing population this figure could double by 2060. It is therefore important to both improve hip fracture patient care and do all we can to prevent this injury. This report examines how care in 2024 aligns to our three patient goals:

1



## Getting to the right place

Will I receive an anaesthetic nerve block to numb my hip pain, and be admitted to a specialist ward where a team of doctors, nurses and therapists can work together with me to plan my surgery and rehabilitation?



Over three-quarters of patients now receive a pain-relieving nerve block to help make them comfortable when they first present with a hip fracture.



But 20 hospitals (12%) recorded that the average delay patients experienced before they were admitted to a bed on an appropriate orthopaedic ward was over 24 hours.

2



## Getting up after surgery

Will I have surgery by the day after I'm admitted and return to the ward with a clear plan for my treatment that means I am not confused and can get out of bed to eat a normal meal the next day?



Most patients (93%) are screened for delirium after surgery, but this year over 50,000 patients (69%) were also screened when they first presented with a hip fracture.



But just 58% of patients received surgery by the day after their hip fracture, far fewer than the 68% reported before the COVID-19 pandemic.

3



## Getting back home again

Will I get back to my home before my hospital admission, be supported to take bone strengthening treatment to avoid future fractures, and followed-up so my experience in hospital can help improve the care of future patients?



For the first time, we can report that the majority of patients (54%) are known to be receiving bone strengthening medication to prevent future fractures.



But a small number of hospitals still report that practically none of their patients are being offered effective fracture prevention medication, and the NHFD will be contacting them to offer support to these teams.