

# National Type 1 Diabetes Audit 2021-22, England and Wales

Type 1 diabetes is a serious condition where your blood glucose (sugar) level is too high because your body can't make a hormone called insulin.

**227,435 adults in England and Wales have a diagnosis of type 1 diabetes.**

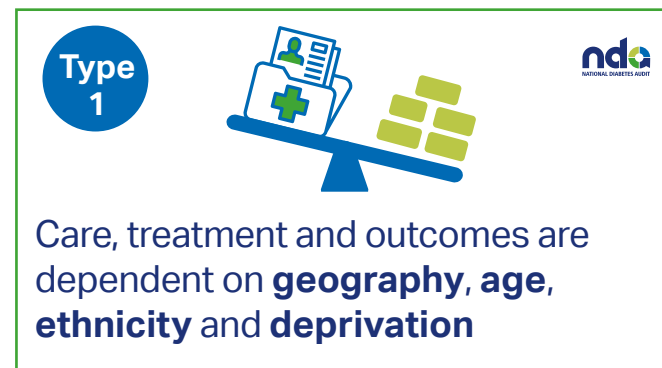
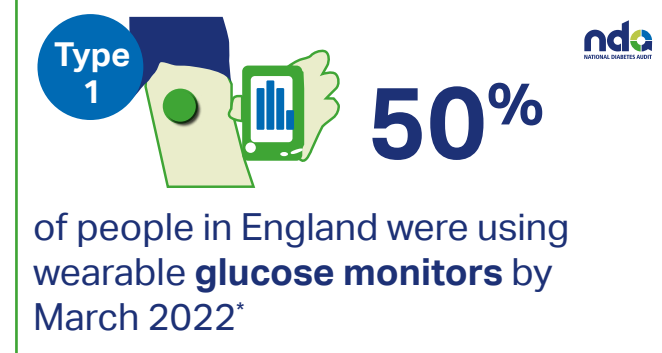
This report covers the period 1 January 2021 to 31 March 2022.

Having diabetes can lead to health complications such as blindness, kidney failure, heart disease and stroke. It is essential that everyone with diabetes receives certain healthcare checks every year.

The results of the checks can show whether someone is at risk of developing health complications.

Treatment should be adjusted where needed to achieve recommended HbA1c (average blood glucose) and blood pressure levels. Those with high heart risk should be prescribed a statin. These are known as the three treatment targets. Improvements are needed so all people receive the care that they need.

## Findings



\* Data on wearable glucose monitors are not currently available for Wales

### Find out more

1. [National Type 1 Diabetes Audit](#)



2. [Audit results for your local services National Diabetes Audit dashboards](#)