

## National Clinical Audit and Patient Outcomes Programme (NCAPOP) Infographics compendium

Q3 (October – December 2021), updated 14/12/2021

PUBLICATION DATE	HEALTHCARE AREA	ТҮРЕ	PROJECT NAME	LEAD PROVIDER	FULL REPORT TITLE	HQIP WEBLINK TO REPORT	DOC NUMBER
14/10/2021	Women and children	Audit	PMRT - Perinatal Mortality	MBRRACE-UK: Mothers and Babies:	Learning from Standardised Reviews When Babies Die	https://www.hqip.org.uk/resource/perinatal-mortality-review-tool-third-annual-	0.01
			Review Tool	Reducing Risk through Audits and		report/#.YWINFhrMKUk	
14/10/2021	Cardiovascular	Audit	NCAP - National Cardiac Audit	NICOR: National Institute for	Annual report 2021 - The way we were: A pre-pandemic stocktake to help the	https://www.hqip.org.uk/resource/national-cardiac-audit-programme-report-a-pre-	0.02
			Programme	Cardiovascular Outcomes Research, Barts	,	pandemic-stock-take-to-help-the-recovery/	
14/10/2021	Cardiovascular	Audit	NCAP - National Cardiac Audit	NICOR: National Institute for	Myocardial Ischaemia National Audit Project (MINAP) 2021 summary report	https://www.hqip.org.uk/resource/myocardial-ischaemia-national-audit-project-	0.02a
			Programme	Cardiovascular Outcomes Research, Barts		2021-summary-report/#.YaUD09DP2Uk	
14/10/2021	Cardiovascular	Audit	NCAP - National Cardiac Audit	NICOR: National Institute for	National Audit of Cardiac Rhythm Management (NACRM) 2021 summary report	https://www.hqip.org.uk/resource/national-audit-of-cardiac-rhythm-management-	0.02b
			Programme	Cardiovascular Outcomes Research, Barts	3	2021-summary-report/#.YaUD0dDP2Uk	
14/10/2021	Cardiovascular	Audit	NCAP - National Cardiac Audit	NICOR: National Institute for	National Adult Cardiac Surgery Audit (NACSA) 2021 summary report	https://www.hqip.org.uk/resource/national-adult-cardiac-surgery-audit-2021-	0.02c
			Programme	Cardiovascular Outcomes Research, Barts	3	summary-report/#.YaUDzdDP2Uk	
14/10/2021	Cardiovascular	Audit	NCAP - National Cardiac Audit	NICOR: National Institute for	National Audit of Percutaneous Coronary Intervention (NAPCI) 2021 summary	https://www.hqip.org.uk/resource/national-audit-of-percutaneous-coronary-	0.02d
			Programme	Cardiovascular Outcomes Research, Barts	report	intervention-2021-summary-report/#.YaUDzdDP2Uk	
14/10/2021	Cardiovascular	Audit	NCAP - National Cardiac Audit	NICOR: National Institute for	National Congenital Heart Disease Audit (NCHDA) 2021 summary report	https://www.hqip.org.uk/resource/national-congenital-heart-disease-audit-2021-	0.02e
			Programme	Cardiovascular Outcomes Research, Barts		summary-report/#.YaUDzNDP2Uk	
14/10/2021	Cardiovascular	Audit	NCAP - National Cardiac Audit	NICOR: National Institute for	National Heart Failure Audit (NHFA) 2021 summary report	https://www.hqip.org.uk/resource/national-heart-failure-audit-nhfa-2021-summary	0.02f
			Programme	Cardiovascular Outcomes Research, Barts		report/#.YaUD09DP2Uk	
11/11/2021	Acute	Audit	FFFAP - Falls and Fragility	RCP: Royal College of Physicians	National Hip Fracture Database Annual Report	https://www.hqip.org.uk/resource/the-national-hip-fracture-database-report-on-	0.03
			Fracture Audit Programme		Facing new challenges: The National Hip Fracture Database report on 2020	2020/#.YY0iumDP2Uk	
11/11/2021	Acute	Audit	FFFAP - Falls and Fragility	RCP: Royal College of Physicians	National Audit of Inpatient Fractures (NAIF) Annual report 2021	https://www.hgip.org.uk/resource/national-audit-of-inpatient-falls-annual-report-	0.04
			Fracture Audit Programme			2021/#.YY0ivWDP2Uk	
11/11/2021	Women and children	Audit	NPDA - National Paediatric	RCPCH: Royal College of Paediatrics and	National Paediatric Diabetes Audit Spotlight Audit Report - Type 2 Diabetes	https://www.hqip.org.uk/resource/national-paediatric-diabetes-audit-spotlight-	0.05
			Diabetes Audit	Child Health		audit-report-on-type-2-diabetes/#.YY0iumDP2Uk	
11/11/2021	Cardiovascular	Audit	NVR - National Vascular Registry	RCS: Royal College of Surgeons	National Vascular Registry (NVR) 2021 Annual Report	https://www.hqip.org.uk/resource/national-vascular-registry-2021-annual-	0.06
						report/#.YY0ivmDP2Uk	
11/11/2021	Women and children	Clinical Outcome	MNI - Maternal, Newborn and	MBRRACE-UK: Mothers and Babies:	Saving Lives, Improving Mothers Care Report Core report: lessons learned to	https://www.hqip.org.uk/resource/maternal-newborn-and-infant-clinical-outcome-	0.07
		Review Programme	Infant Clinical Outcome Review	Reducing Risk through Audits and	inform maternity care from the UK and Ireland Confidential Enquiries into	review-programme-saving-lives-improving-mothers-care-report/#.YY0ivWDP2Uk	
			Programme	Confidential Enquiries across the UK,	Maternal Deaths and Morbidity 2017-19		
				University of Oxford			
11/11/2021	Acute	Audit	NELA - National Emergency	RCoA: Royal College of Anaesthetists	Seventh Patient Report of the National Emergency Laparotomy Audit	https://www.hgip.org.uk/resource/seventh-patient-report-of-the-national-	0.08
			Laparotomy Audit			emergency-laparotomy-audit/#.YY0iumDP2Uk	
09/12/2021	Mental health	Audit	NCAP-National Clinical Audit of	RCP: Royal College of Physicians	National clinical Audit of Psychosis - Audit Report on Employment	https://www.hqip.org.uk/resource/national-clinical-audit-of-psychosis-employment	0.09
			Psychosis			spotlight-audit-report-2021/#.YbIaFL3P2Uk	
09/12/2021	Cardiovascular	Audit	CVDPREVENT- Cardiovascular	NHS Benchmarking Network	Cardiovascular Disease Prevention Audit First Annual Audit Report	https://www.hgip.org.uk/resource/cardiovascular-disease-prevention-first-annual-	0.10
			Disease Prevention Audit	, and the second	·	audit-report/	
09/12/2021	Cancer	Audit	NOGCA - National Oesophago-	RCS: Royal College of Surgeons	National Oesophago-Gastric Cancer Audit Annual Report 2021	https://www.hqip.org.uk/resource/national-oesophago-gastric-cancer-audit-annual	0.11
			Gastric Cancer Audit			report-2021/	

## **National Perinatal Mortality Review Tool**



## Learning from Standardised Reviews When Babies Die

# National Perinatal Mortality Review Tool Third Annual Report



## October 2021





































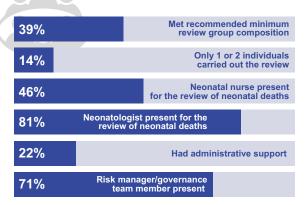
## **Learning from Standardised Reviews When Babies Die – 2020 Annual Report**

Key Messages – October 2021



Since the launch of the national Perinatal Mortality Tool (PMRT) in early 2018 over 14,000 reviews have been started. This third annual report presents the findings for reviews completed from March 2020 to February 2021 coinciding with the first year of the SARS-CoV-2 global pandemic. Here are the key messages from the 3,981 reviews completed during this period.

## Multi-disciplinary group review is essential



## Parent engagement improves the quality of reviews

100 5	
90%	Parents told about the review
40%	No concerns or questions about care raised
16%	Communication was poor
54%	Concerns/questions about management plans
16%	Concerns/questions about technical aspects of care e.g. scans

## Issue with care and areas for improvement identified at review



19 out of 20 reviews identified areas for improvement



5 out of 20 issues identified may have made a difference to the outcome

## Comments, question and concerns raised by parents

Why was there not a discussion with us about delivery options when meconium was present?

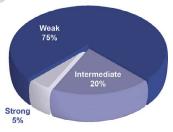
Our concerns were not listened to by the midwives. Why were we discharged home when [baby's name] was blue around the lips?

was blue around the lips?
The care I received during my pregnancy was second to none.

I had frequent episodes of bleeding – why was I not kept in?
Why did no-one act when bleeding occurred at the ARM<sup>2</sup>?
I was not monitored and nothing was done.

My concerns about my baby's movements were not taken seriously.

## Action plans need to be strong<sup>1</sup>



- Strong actions are system changes which remove the reliance on individuals to choose the correct action. They use standardised and permanent physical or digital designs to eliminate human error and are sometimes referred to as 'forcing actions'.
- 2. Artificial rupture of membranes
- 3. Electronic patient record

## Examples of the strength<sup>1</sup> of actions planned

## Weak Distribute communication to

communication to maternity staff regarding the necessity for intrapartum antibiotics in preterm labour and the importance of this.

A reminder for individual action without any controls

#### Intermediate

Major review
which led to a
new staffing
model and a newly
appointed Lead
for Triage and
Induction.

A new system in place but still requires individuals to act without any controls

#### Strong

Process for assessing need for aspirin developed and implemented via EPR<sup>3</sup>

> A system level electronic design to eliminate human error

NATIONAL CARDIAC AUDIT PROGRAMME (NCAP)

# ANNUAL REPORT 2021

## The way we were

A pre-pandemic stocktake to help the recovery

(2019/20 or 2017/20 data)

## **ANNUAL REPORT** AT A GLANCE

Data from the period April 2019 to March 2020



#### Where things were getting better



**83.2%** of patients with STEMI received reperfusion therapy (up from **74.3%** in 2010/11)



**76.3%** of patients with MI underwent inhouse echocardiography (up from **57.5%** in 2010/11



**81.3%** of patients with MI were referred for cardiac rehabilitation (up from **78.3%** in 2017/18)



**96.4%** of patients with NSTEMI were seen by a specialist team (up from **90.4%** in 2010/11)



**89.5%** of patients had PCI performed with radial access (up from **51.6%** in 2010)

>90% of patients requiring a pacemaker received a device consistent with NICE guidance



**90%** of patients with HFrEF were discharged on a beta blocker; **84%** on either an ACEi or ARB



#### Where things were stuck



**61.3%** of patients with an MI were admitted to a cardiology ward (albeit up from **49.1%** in 2010/11). **43%** of those with HF were admitted to a cardiology ward (down from **49%** in 2014/15)



**68%** of patients with LVSD post MI (up from **40.8%** in 2010/11 but no improvement over the last 3 years) and **56%** of those with HFrEF received an MRA; only **49%** of patients with HFrEF are discharged on all three disease-modifying drugs



**64%** of patients undergoing elective PCI are treated as a day case (against a target of >75%)



**50.3%** of infants surviving pregnancy and requiring an intervention in the first year of life have had a pre-natal diagnosis made



**40%** of hospitals have not achieved **>80%** compliance with NICE guidelines for ICD implantation



16% of patients with heart failure are referred as an in-patient for cardiac rehabilitation (22% for those admitted to a cardiology ward, ~10% for those admitted to other wards) - target >85%



#### Where things were getting worse



**126 mins:** CTB times for STEMI patients were worse: up from 110 mins in 2010/11



**80 mins:** CTD times for STEMI patients were worse: up from 58 mins in 2010/11



**54.9%** of patients with NSTEMI underwent angiography within 72 hours (down from

within 72 hours (down from **58.4%** in 2017/18



11 days: Mean time to urgent CABG had worsened (mean 10 days in 2017/18)

56.7% in 2018/19; 54.2% underwent PCI



**104 days:** Mean time to elective CABG had worsened (mean **97 days** in 2017/18)

CABG, coronary artery bypass grafting; CTB, Call-To-Balloon; CTD, Call-To-Door; DES, drug-eluting stent; HF, heart failure; HFrEF, heart failure with reduced ejection fraction; LVSD, left ventricular systolic dysfunction; MRA, mineralocorticoid receptor antagonist; NSTEMI, non-ST-elevation myocardial infarction; MI, myocardial infarction; PCI, percutaneous coronary intervention; PPCI, primary percutaneous coronary intervention; STEMI, ST-elevation myocardial infarction

NATIONAL CARDIAC AUDIT PROGRAMME

## MYOCARDIAL ISCHAEMIA NATIONAL AUDIT PROJECT (MINAP)

2021 Summary Report



**NICOR** 

## MINAP AT A GLANCE

Data from the period April 2019 to March 2020





Of 86,547 confirmed cases of myocardial infarction (MI) there were 900 fewer STEMIs and 400 more NSTEMIs in 2019/20 compared to 2018/19





83.2% of STEMI cases receive reperfusion therapy, almost all by Primary Percutaneous Coronary Intervention (PPCI) (up from 74.3% in 2010/11)

**Call-To-Balloon time (CTB):** the global response of the health service from the time the patient calls for help until the PCI. This is itself made up of

a) Call-To-Door time (CTD): during which the ambulance service must respond to the call, make a pre-hospital assessment, provide appropriate treatments and convey the patient to hospital. This is a measure of ambulance service response.

**b) Door-To-Balloon time (DTB):** during which hospital staff must confirm the diagnosis, assess the patient's suitability for PCI, prepare for and begin to perform the PCI. This is a measure of the hospital response.



Call-To-Balloon times for STEMI are lengthening (up from 110 minutes in 2010/11 to 126 minutes in 2019/20)





Call-To-Door times for STEMI are lengthening (up from 58 minutes in 2010/11 to 80 minutes in 2019/20)

Place of care and specialist care: Admission to a cardiac ward allows optimum cardiac monitoring and access to highly trained cardiac nursing staff. Specialist care has been associated with more positive outcomes and patients seen by specialists are more likely to be referred for recommended interventions.



61% of patients with NSTEMI are admitted to a cardiac ward (no change for three years)



76.3% of STEMI cases undergo inhouse echocardiography (up from 57.5% in 2010/11)



96.4% of NSTEMI cases are seen by a member of a cardiology specialist team



Of those NSTEMI cases seen by a specialist 83.5% of NSTEMI cases eligible for angiography undergo this procedure in-house – but only 54.9% within the 72 hours recommended by national guidelines

## **Ongoing management of heart attack patients**



>90% of MI patients are discharged on standard secondary prevention therapies but only 68% of those with LV systolic dysfunction leave hospital on a mineralocorticoid receptor antagonist (MRA) (no change over three years).

These medicines have been shown to reduce the likelihood of subsequent coronary events in those who have suffered heart attack.



81% of heart attack patients are referred for cardiac rehabilitation

Exercise-based cardiac rehabilitation programmes are associated with fewer cardiac deaths in patients with coronary artery disease.

NATIONAL CARDIAC AUDIT PROGRAMME

## NATIONAL AUDIT OF CARDIAC RHYTHM MANAGEMENT (NACRM)

2021 Summary Report





## **NACRM** AT A GLANCE

Data from the period April 2019 to March 2020



There were >40,000 devices implanted in 175 hospitals in 2019/20, and nearly 20,000 ablation procedures from 61 hospitals (no evidence of change from last year)

#### **Devices**

These include pacemaker implants and other devices such as implantable cardioverter defibrillators (ICDs) and complex devices like cardiac resynchronisation therapy (CRT) devices.



In 2019/20, 273 leadless pacemakers and 639 subcutaneous ICD devices were implanted



92% and 94% of patients with sinus node disease and atrioventricular block receive the appropriate type of pacemaker, but not in all hospitals

There is >80% compliance with NICE standards for ICD implantation but some hospitals do not document this consistently

#### **Ablation**

Catheter ablation is a procedure in which steerable thin probes (catheters) are threaded along vessels and guided into the relevant locations within the heart. Ablation is then performed, creating a scar most commonly by passing a radiofrequency (RF) electrical current into the tissue, but sometimes by using extreme cold (cryothermy) or other energy sources.

55% of AF ablation is performed by point-by-point radiofrequency ablation and 39% by pulmonary vein isolation using cryoablation

## **Procedure volumes**

International studies have demonstrated that outcomes tend to be poorer in hospitals undertaking low volumes of device and ablation procedures. The British Heart Rhythm Society publishes standards documents for hospitals and clinicians undertaking these procedures in adults. These include minimum recommended procedure volumes.



84% adult NHS pacemaker implant centres meet the standard for procedure volumes but only 66% of adult NHS hospitals meet the standards for complex devices



62% of consultants who implant pacemakers are documented to reach the standards for procedure volumes; only 39% for complex devices



77% of consultants performing ablations meet the standards for procedure volumes; 85% for those performing complex ablations

## Re-intervention 1 year on

The audit looks at re-intervention rates for pacemakers and ablation.

In 2019/20 there was a 4% 1-year re-intervention rate following pacemaker implantation; 6% for complex devices



There was a 3% 1-year re-intervention rate following simple ablations and 8% for complex atrial and ventricular ablations

NATIONAL CARDIAC AUDIT PROGRAMME

## NATIONAL ADULT CARDIAC SURGERY AUDIT (NACSA)

2021 Summary Report





## **NACSA** AT A GLANCE

Data from the three-year period April 2017 to March 2020





31,046 cardiac operations were performed in 2019/20 (a 13% fall over 5 years, almost all in elective procedures, falls greatest in women >70yrs)

#### **Valve interventions**

Surgery to the aortic valve can be carried out in isolation or as part of a combined procedure with coronary artery bypass graft (CABG) surgery. Transcatheter Aortic Valve Implantation (TAVI) is increasing year on year and preferred in older patients.

Mitral valve repair is the preferred method of surgery for patients with mitral disease, but mitral valve replacement (MVR) is usual in patients with unfavourable valve characteristics (such as rheumatic mitral disease).



25% increase in all aortic valve interventions over 5 years (now 5056 AVRs, 2596 AVR&CABG, 6076 TAVIs)



26% fall in isolated mitral valve repairs and 15.7% fall in isolated mitral valve replacements over 5 years

61% rate of mitral valve repairs (rate varies between hospitals from 22-90%)



## Coronary Artery Bypass Graft (CABG) surgery in numbers

Coronary artery bypass graft surgery is the most common type of cardiac surgery. The number of CABG performed has been falling steadily year on year. The number of elective CABGs performed has been falling steadily year on year, whilst the number of urgent and emergency procedures is stable.

104 days



wait for elective CABG (up from 97 days in 2017/18)

11 days



wait for urgent CABG (up from 10 days in 2017/18)

18.5%



admitted on day of surgery (up from 10.8% in 2017/18)

50.7%



percentage of CABG cases performed as urgent cases (up from 47.4% over 3 years)

0



no hospital operates on >75% of urgent cases within 7 days of the angiogram

1.8%



reoperation for bleeding after CABG (down from 2.6% in 2017/18); low rates of other complications

NATIONAL CARDIAC AUDIT PROGRAMME

## NATIONAL AUDIT OF PERCUTANEOUS CORONARY INTERVENTION (NAPCI) Summary

2021 Summary Report (2019/20 data)



## **NAPCI** AT A GLANCE

Data from the period April 2019 to March 2020





There was a slight (<1%) reduction in total PCI procedures compared to 2018/19, to 100,112 (3% drop over last 2 years)



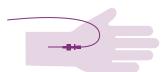


The proportion of patients with diabetes has increased (24.3% up from 20.2% in 2012)

When a heart attack patient arrives at the hospital cath lab, a fine tube, known as a catheter, is passed to the heart arteries. Then a balloon and wire mesh stent is used to open up the blockage and restore blood flow to the heart muscle. The catheter can be inserted from either a blood vessel in the groin (femoral artery) or the wrist (radial artery).

## 89.5% PCI procedures were performed using radial access

Radial access is associated with fewer complications than femoral access and lower mortality in high risk patients. Radial access is not suitable for a small number of patients so 100% is not achievable.



#### Centre case volume

The treatment of patients needing PCI is complex as it requires the interaction of a number of different team members to optimise care. It is therefore important that these teams are performing enough procedures for them to remain familiar with all the processes involved.





In 2019/20 there was a reduction in the proportion of NHS centres performing <400 procedures a year (to 15%)

### Time to treatment



76.1% of STEMI patients were treated within 60 mins of arrival at PCI centre

Call-To-Balloon times are increasing (the % of patients with a CTB < 150 mins has fallen from 75.2% in 2016 to 67.5% in 2019/20)



The % of NSTEMI patients who were treated within 72 hours has fallen from 58.4% to 54.2% during the last 3 years

NATIONAL CARDIAC AUDIT PROGRAMME

## NATIONAL CONGENITAL HEART DISEASE AUDIT (NCHDA)

2021 Summary Report





## **NCHDA AT A GLANCE**

Data from the three-year period April 2017 to March 2020



12,393 congenital heart procedures in 2019/20; 8286 (67%) in children under 16

#### **Number of treatments**



66% increase in electrophysiology and pacemaker/ICD implant treatments in adults with congenital heart disease over 5 years; 22% increase in interventional procedures for this cohort



~15% reduction in paediatric cardiac surgical procedures in infants and children over 6 years

## Complications after procedures

Low complications rates after paediatric cardiac surgical procedures:



2.4% life support, 1.2% unplanned pacemaker, 3.5% renal replacement therapy and 3.5% prolonged pleural drainage

## Fluoroscopic screening



New data are provided on fluoroscopic screening times and radiation doses for a range of procedures. The work will help set reference standards for future audit.

## **Survival at 30 days**

Despite this being one of the most complex areas of surgery, the UK and Republic of Ireland continue to have excellent outcomes with high survival and low mortality rates.



98.4% 30-day survival after paediatric cardiac surgical procedures

## **Dual consultant procedures**

Two consultants operate where there are more complex lesions and this practice is also a key element of training or mentoring consultant colleagues.



11% dual consultant procedures for paediatric cardiac surgical procedures; 14% in neonates and 22% for transcatheter and electrophysiology procedures

## **Antenatal diagnosis**

About 20–30% of congenital heart defects are severe, defined as being potentially life threatening and requiring surgery within the first year of life..



51% prenatal diagnosis for all infants requiring a procedure in the first year of life.

NATIONAL CARDIAC AUDIT PROGRAMME

## NATIONAL HEART FAILURE AUDIT (NHFA)

2021 Summary Report (2019/20 data)



## **NHFA** AT A GLANCE

Data from the three-year period April 2019 to March 2020

Access to cardiology wards and specialist HF care is associated with better survival for all and improved treatment at discharge for those with HFrEF.

	69,556 total admissions	All patients	Admitted to cardiology ward	Seen by a specialist
	Patients diagnosed with echocardiography	86%	94%	90%
	Patients receiving specialist care	82%	99%	100%
	Patients with HFrEF discharged on all three disease-modifying drugs	49%	56%	51%
	Patients who received a cardiology follow up	46%	61%	51%
+	Patients who received a Heart Failure nurse follow up	55%	67%	63%
	Patients referred to cardiac rehabilitation	15%	22%	18%
<b>e</b>	Mortality in hospital	9%	6%	8%

Place of care is a key quality indicator for HF as care on a cardiology ward is associated with the best survival, both during the admission and after discharge, better treatment for HFrEF, and the best access to specialist care



The National Hip Fracture Database report on 2020











## Report at a glance – key messages



All eligible trauma units in England, Wales and Northern Ireland regularly upload data to the NHFD. This report describes the care provided to the **63,284 people** who presented to **173 hospitals** in England and Wales following a hip fracture during 2020.

This report uses six NHFD key performance indicators (KPIs) to describe how the quality of care varies between hospitals and changes over time. The impact of COVID-19 on patient care and the organisation of trauma services are also described.

30-day mortality was **three times higher** for patients with COVID-19 than seen in those without the infection.



30-day mortality **rose to**8.3% in 2020 meaning that over 1,000 more people died during this first year of the COVID-19 pandemic than we would have expected had the mortality figure of 6.5% we reported in 2019 been maintained.

We have launched new casemix data quality run charts and cross-tabulation tools to make it easy for local teams to review the data they provide.



Performance on most
KPIs remained stable, or
experienced small transient
dips, during the COVID
pandemic of 2020 –
a testament to the
resilience of hip
fracture services.



National Audit of Inpatient Falls (NAIF)



National Audit of Inpatient Falls (NAIF)

## **Annual report 2021**

(2020 clinical and 2021 facilities audit data)

Autumn 2021









Commissioned by



## Report at a glance – key messages



Engagement in the audit has increased with 79% of eligible NHS trusts and health boards participating in the National Audit of Inpatient Falls (NAIF). More NHS mental health trusts (63% in 2021 vs 38% in 2020) and specialist trusts (30% in 2021 vs 8% in 2020) are now taking part.







The risk factor which was

most often assessed was

patients undergoing this component of the MFRA.

Vision and lying/standing

blood pressure were the

least often assessed with

44% and 35% patients

getting this assessment

respectively.

continence with 74%

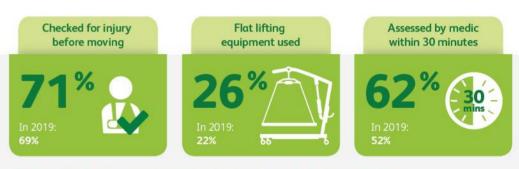
It is necessary to assess older inpatients for factors that increase their risk of falling so that appropriate interventions and care plans can be put into place. Examples of falls risks are difficulty with mobility, impaired vision and delirium. This process is called a multi-factorial fall risk assessment (MFRA). MFRA was complete in 76% cases but findings from individual components highlight the poor quality of some MFRAs.

indings from individual components the poor quality of some MFRAs.

Delirium care plans

450%

were being followed at the time of the fall that caused the fracture.



## Many inpatients experience delays to hip fracture care.

These delays may partly explain the poorer outcomes in those who fracture as an inpatient. Poor standards of immediate post-fall management, as indicated by performance against <u>NICE Quality Standard 86</u> statements 4, 5 and 6 are likely to exacerbate these delays.



On average, it took 2 hours following the fall that caused the hip fracture for patients to receive the first dose of pain relief.

NICE Clinical Guideline 124 recommends that analgesia should be given immediately.



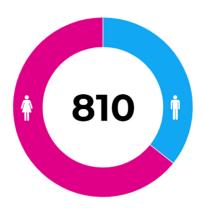


# NPDA spotlight audit report Type 2 Diabetes

**Published November 2021** 

## **Key findings**

## Patient characteristics and care at diagnosis



810 children and young people with Type 2 diabetes received care from a PDU in England and Wales in 2019/20.

The majority were girls (64.3%).





71.4% lived in the two most deprived quintile areas of the country.
65.1% came from minority ethnic backgrounds.

Almost a third (30.1%) of children or young people with Type 2 diabetes are being cared for in a PDU with five or fewer cases of the condition. Only 22/172 PDUs cared for more than 10 children with Type 2 diabetes.





There is no one criterion, clinical or biochemical, that makes a diagnosis of Type 2 diabetes; a combination of careful

clinical evaluation and biochemical evaluation is necessary to make a swift diagnosis.



Dietetic support was offered to 99.3% of children and young people at diagnosis of Type 2 diabetes, with 69.9% being offered psychological support at diagnosis.



Four-fifths (78.9%) had no delay in the diagnosis of Type 2 diabetes. Delay was associated with higher HbAlc at diagnosis.



Most (>85%) had a family history of Type 2 diabetes, mainly amongst female relatives.



Recommended health checks around sleep assessment (21.7%), liver ultrasound (18.5%) and 24-hour ambulatory blood pressure monitoring (2.8%) were poorly performed in the first year following a diagnosis of Type 2 diabetes.



Over four fifths (84.8%) had three or more clinical or biochemical markers of Type 2 diabetes; Clinically, the presence of obesity (85.9%) and acanthosis nigricans (50.9%), combined with raised HbA1c (77.6%) and absence of diabetes antibodies (40.1%) in the presence of a raised blood glucose (46.6%), appear to provide the highest markers for early diagnosis.

Over half (50.9%) were hypertensive (BP >98th centile) at diagnosis.



## Care and outcomes in 2019/20



Completion of NICE recommended health checks (HbA1c, BMI and blood pressure) in children and young people with Type 2 diabetes was good (~95%) with rates similar to those recorded for Type 1 diabetes from the core audit of the same year. Lipid profiling (77.3%), urinary albuminuria (63.9%) and liver function tests (66.7%) were less well completed.



Dietetic (94.6%) and psychological support (56.4%) were offered in 2019/20 at rates similar to those at diagnosis.



Albuminuria was only treated in 3.4% of children and young people with Type 2 diabetes with a further 6.9% deemed as requiring treatment. However, the core NPDA audit reported albuminuria in 25.7%.



Liver ultrasound was poorly performed with 88.2% not having the investigation.

Where ultrasound was completed at diagnosis and repeated in 2019/20, a higher percentage were now found to have fatty liver.



Despite 42.3% having high blood pressure, only a minority (3.7%) were referred on for 24 hour ambulatory blood pressure monitoring, and only 5.9% were offered antihypertensive therapy.



Almost all children and young people with Type 2 diabetes were either overweight (6.5%) or obese (92.0%) in 2019/20. Of those with obesity at diagnosis in years prior to 2019/20, only 8% reduced their BMI to a lower category by this audit year.

In 2019/20, lifestyle modification (82.2%) and metformin (81.6%) were the most highly utilised therapies. Insulin was used by 26.5% of the cohort, and there was infrequent use of sulphonylureas, GLP1 agonists, DPP-4 and SGLT2 inhibitors.



The median HbA1c for children and young people with Type 2 diabetes was 52.5 mmol/mol in 2019/20 compared to 62.0 mmol/mol for Type 1 diabetes.



Therapies for severe obesity such as extreme low-calorie diets, Orlistat or bariatric surgery were rarely used in children and young people with Type 2 diabetes.





# NATIONAL VASCULAR REGISTRY

**2021** Annual Report



## **November 2021**





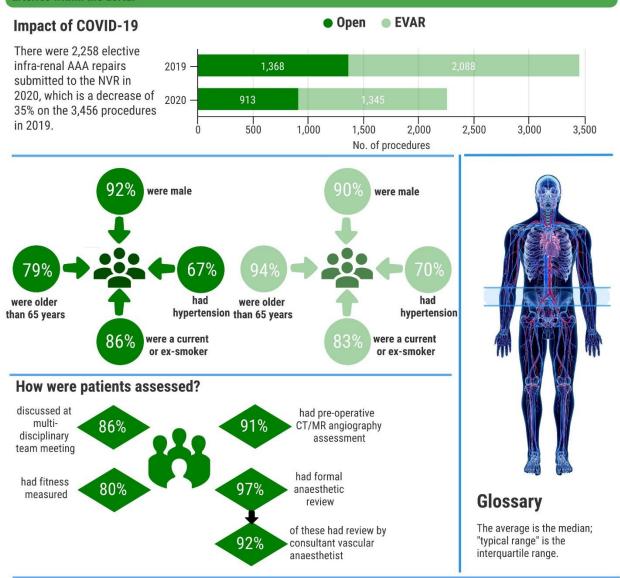
OF GREAT BRITAIN AND IRELAND

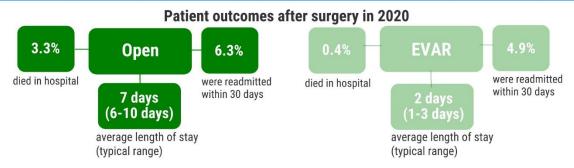




## Repair of abdominal aortic aneurysm (AAA) to prevent rupture

AAA is an abnormal expansion of the aorta (the largest vessel taking blood away from the heart). If left untreated, it may enlarge and rupture causing fatal internal bleeding. An infra-renal aneurysm occurs below the level of the renal (kidney) arteries within the aorta.



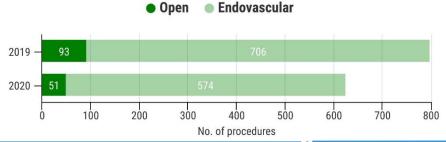


# Repair of elective complex aortic aneurysms to prevent rupture

The term complex is used to describe those aneurysms that occur above the level of the renal (kidney) arteries. These are more complicated that the standard infra-renal repairs and require specialist teams, often within a specialist hospital.

#### Impact of COVID-19

There were 625 repairs of elective complex AAAs carried out in 2020, which is a 22% reduction on the 799 procedures in 2019.



#### Which people had surgery? 80% were male were male 80% 76% were older had had were older than 65 years hypertension than 65 years hypertension ere a current or were a current ex-smoker or ex-smoker

The most common complex endovascular procedures were:

Fenestrated EVARs (FEVAR), which involves a graft containing holes (fenestrations) to allow the passage of blood vessels from the aorta.

**Branched EVAR (BEVAR)**, which involves separate grafts being deployed on each blood vessel from the aorta after the main graft has been fitted.

Thoracic endovascular aortic/aneurysm repair (TEVAR), which involves a repair of the aorta within the chest region of the body.



The average is the median; "typical range" is the interquartile range.

#### Patient outcomes after surgery in 2020



# Lower limb bypass for peripheral arterial disease to prevent limb loss

Peripheral arterial disease (PAD) is a restriction of the blood flow in the lower limb arteries that can severely affect a patient's quality of life, and risk their limb.

#### Open surgical (bypass) interventions become options when conservative therapies have proved to be ineffective. Admitted in an emergency Admitted electively **Impact of COVID-19** There were 5,071 lower limb 2019 -3,862 bypass procedures carried out in 2020, which is a 20% 2020 2,642 reduction on the 6,300 1,000 2,000 5,000 3.000 4,000 6,000 7,000 procedures in 2019. No. of procedures **Patient characteristics** were male asymptomatic · 32 66% walking pain -661 were older were diabetic than 65 years were current 1,300 resting pain or ex-smokers necrosis and/or 1,962 gangrene 53% of patients admitted with CLTI had their bypass within 5 days, which is the recommended time 1.000 Glossary The average is the median; However for 29/61 vascular units, "typical range" is the In the NVR data, CLTI is defined as 25% of patients waited more than interquartile range. patients admitted in an emergency with either resting pain or necrosis 10 days Chronic limb-threatening and/or gangrene. ischaemia (CLTI) is the most severe form of PAD, where the blood flow to the legs becomes severely restricted. Patient outcomes post bypass in 2020 Elective Emergency 4.9% 13.7% 1.6% 10.7% were readmitted were readmitted died in hospital died in hospital within 30 days within 30 days 13 days 5 days

(3-8 days) average length of stay

(typical range)

(8-22 days)

average length of stay (typical range)

# Lower limb angioplasty/stenting for peripheral arterial disease

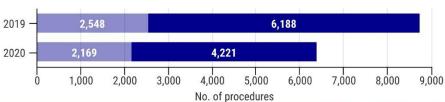
Peripheral arterial disease (PAD) is a restriction of the blood flow in the lower limb arteries that can severely affect a patient's quality of life, and risk their limb.

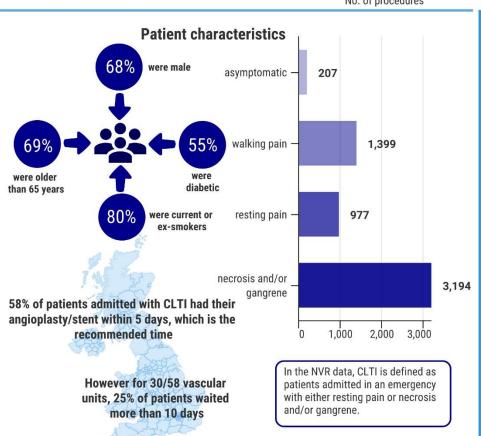
Endovascular interventions become options when conservative therapies have proved to be ineffective.

#### Impact of COVID-19

There were 6,390 lower limb angioplasty/stent procedures carried out in 2020, which is a 27% reduction on the 8,736 procedures in 2019.









Glossary
The average is the median;
"typical range" is the interquartile range.

Chronic limb-threatening ischaemia (CLTI) is the most severe form of PAD, where the blood flow to the legs becomes severely restricted.





## Lower limb major amputation for peripheral arterial disease

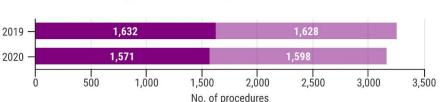
Peripheral arterial disease (PAD) is a restriction of the blood flow in the lower limb arteries that can severely affect a patient's quality of life, and risk their limb.

PAD can gradually progress in some patients and an operation to improve blood flow may no longer be possible. In these situations, people will require amputation of the lower limb. Additionally, patients without PAD but with a complication of diabetes may require a major amputation.

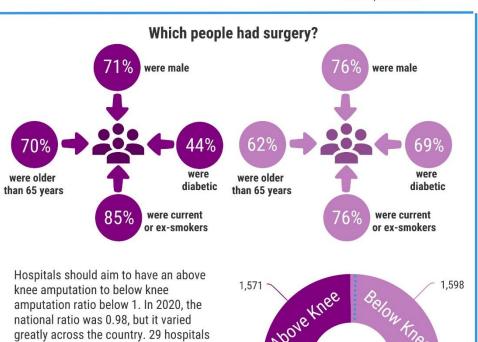
Above Knee

#### Impact of COVID-19

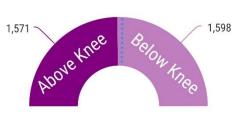
In 2020 there were 3,169 major lower limb amputations submitted to the NVR. This was only a slight reduction on the 3,260 procedures in 2019.

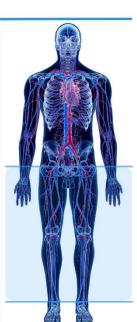


Below Knee



had a ratio above 1, and of these, 12 were above 1.5.





#### **Glossarv** The average is the median; "typical range" is the interquartile range.

#### Patient outcomes after surgery

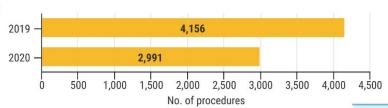


## Carotid artery surgery to prevent stroke

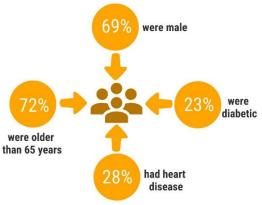
A procedure in which build-up of plaque is removed from the carotid artery in the neck is called a carotid endarterectomy (CEA).

#### Impact of COVID-19

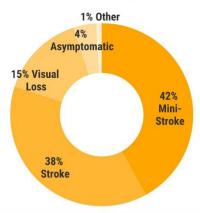
There were 2,991 CEAs submitted to the NVR in 2020, which is a 28% reduction of the 4,156 in 2019.



## Which people had surgery?



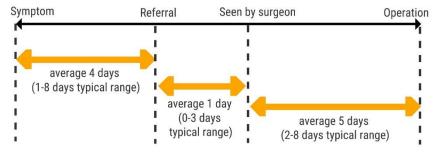
#### **Reasons for surgery**



## Treatment times for symptomatic patients

Recommended time from symptom to surgery is within 14 days





## Glossary

A mini stroke, also known as a transient ischaemic attack (TIA), resolves completely within 24 hours.

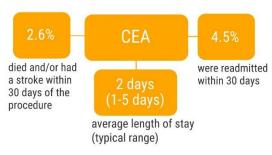
Visual loss (amaurosis fugax) is the loss of vision in one eye due to an interruption of blood flow to the retina.

The average is the median; "typical range" is the interquartile range.

A patient showing symptoms is known to be symptomatic.

The average delay for symptom to surgery in NHS vascular units ranged from 4 to 29 days

## **Outcomes of surgery**



Maternal, Newborn and Infant Clinical Outcome Review Programme



## Saving Lives, Improving Mothers' Care

Core report: lessons learned to inform maternity care from the UK and Ireland Confidential Enquiries into Maternal Deaths and Morbidity 2017-19



November 2021

















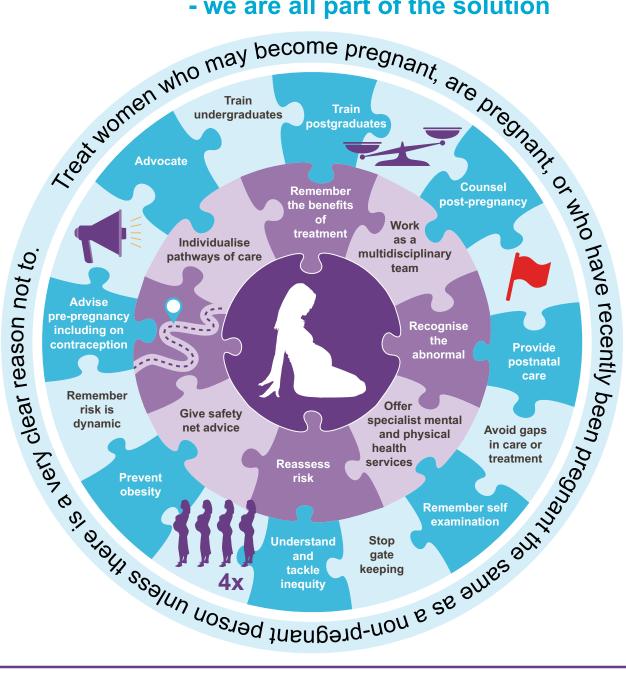
## Key messages from the report 2021



In 2017-19, 191 women died during or up to six weeks after the end of pregnancy, from causes associated with their pregnancy, among 2,173,810 women giving birth in the UK.

8.8 women per 100,000 died during pregnancy or up to six weeks after childbirth or the end of pregnancy. There is no statistically significant difference in maternal mortality compared to 2010-12.

## **Preventing maternal deaths** - we are all part of the solution





## Seventh Patient Report of the National Emergency Laparotomy Audit

December 2019 to November 2020













An emergency laparotomy (emergency bowel surgery) is a surgical operation for patients, often with severe abdominal pain, to find the cause of the problem and treat it. General anaesthetic is used and usually an incision made to gain access to the abdomen. Emergency bowel surgery can be carried out to clear a bowel obstruction, close a bowel perforation and stop bleeding in the abdomen, or to treat complications of previous surgery. These conditions could be life-threatening. The National Emergency Laparotomy Audit was started in 2013 because studies showed this is one of the most risky types of emergency operation and lives could be saved and quality of life for survivors enhanced by measuring and improving the care delivered.

## **Executive Summary**

Results from 2019–2020 – the Seventh Year of the National Emergency Laparotomy Audit

(For data about the impact of COVID-19 please refer to the Impact of COVID-19 on Emergency Laparotomy interim report).

Principal performance statistics are available here.

21,846 patients who had emergency bowel surgery in England and Wales were included in the Year 7 audit

National **30-day mortality rate** has fallen to **8.7%** (11.8% in Year 1)



92.5% of patients

received a preoperative CT scan (90.5% in Year 6)



had their scan reported by a **consultant** radiologist (62.3% in Year 6)

2 Improvements in care have reduced patients' average hospital stay from 19.2 days in Year 1 to 15.1 days in Year 7

19.2 days 15.1 days





now receive a preoperative assessment of risk (up from 84% last year, and 56% in Year 1)

94.0% of patients with a high documented risk had consultant surgeon input before surgery



**75.5% of patients with a high documented risk** had **consultant anaesthetist** input before surgery

5 82.3% of high-risk patients were admitted to critical care (85.2% in Year 6)



Both anaesthetic and surgeon consultant presence during surgery is at 90.1%, and increased from 77.4% (Year 6) to 85.2% out of hours (00:00 to 08:00)



Almost 1/3 of patients
needing immediate surgery
did not get to the
operating theatre in the
recommended time frame



7 Time to antibiotics in patients with suspected sepsis remains poor with 78.3% not receiving antibiotics within one hour



55.4% of patients are over the age of 65 and 18.1% of patients are over the age of 80.

Only 27.1% of patients 80 or over or 65 and frail had geriatrician input



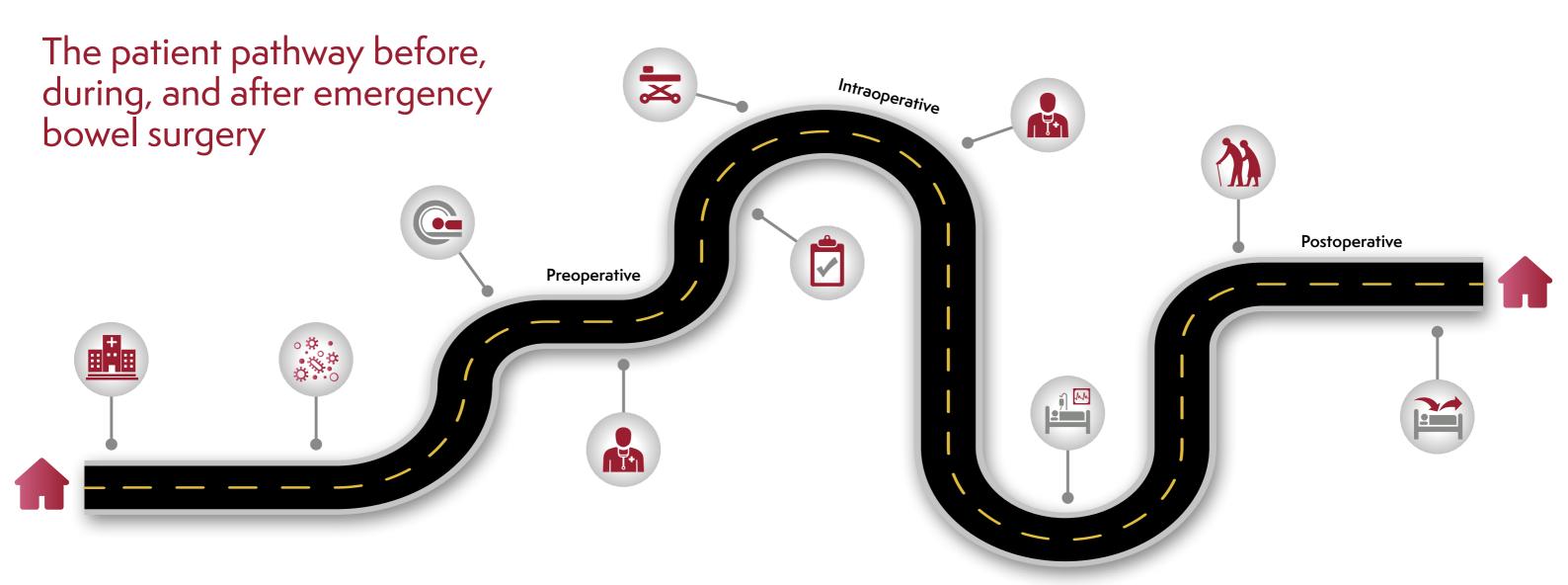
Churchill House, 35 Red Lion Square, London WC1R 4SG 020 7092 1676 info@nela.org.uk nela.org.uk @NELANews











#### 1 At home



You have probably experienced abdominal pain at home and had appointments with your GP or visited the hospital Emergency Department (ED) before.

#### 2 Arrival



Most patients make their own way to hospital, (sometimes after being seen by a general practitioner [GP]) and are admitted to hospital after initially being seen and assessed in the ED.

## 3 Sepsis (blood poisoning) management

If you have signs of sepsis you should receive antibiotics within one hour of arrival to hospital.

## 4 Radiology



Most patients will receive a computerised tomography (CT) scan as part of the initial assessment before surgery. This helps to establish the nature of your illness and guide what operation you will need.

#### 5 Consultant Review



Most patients will be seen by a consultant surgeon and anaesthetist prior to their operation. Any questions or concerns can be discussed. In the most unwell patients who need immediate surgery this discussion may take place with another member of the surgical or anaesthetic team in order to avoid a delay.

#### 6 Risk assessment



The risk of death associated with emergency laparotomy surgery should be assessed and discussed with you before your operation. This enables you to be fully involved in any decisions regarding surgery and ensures that you receive the appropriate levels of care before, during and after your operation.

#### 7 Timely admission to theatre



It is important that you have your operation in a timely fashion. How quickly you have your operation is dependent on why you need surgery. In some circumstances it may be appropriate to try alternative treatments first.

## 8 Consultant presence



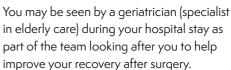
Emergency laparotomy is often highrisk surgery. This means that in most cases, you will benefit from the expertise of a consultant anaesthetist and a consultant surgeon will be required during your operation.

#### 9 Critical care



Many patients who have an emergency laparotomy will be cared for in the Intensive Care (ICU) or High Dependency Unit (HDU) in the initial period after their surgery. This is so they can receive specialist organ support if necessary and be monitored closely for any possible complications.

## 10 Frailty assessment + geriatrician review



## 11 Discharge



Many patients will have had a long stay in hospital after an emergency laparotomy. During this time your teams should be helping prepare you for leaving hospital. You may feel tired, be unsure about what you can or can't do – now is the time to ask questions and seek answers from the team looking after you. It is important you know how and where to get help if needed after discharge.

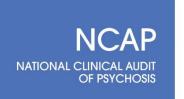
## 12 Recovery



There will be an additional period of recovery required after discharge. Your GP and community nursing teams should be able to help advise you and provide support.

For more details on National Standards please visit our website.









# National Clinical Audit of Psychosis



**Employment** Spotlight Audit Report **2021** 

## **Key Findings**

85%

of people with psychosis had their employment status documented in their case-notes



of people with psychosis whose employment status was recorded were in paid work



63% of people with psychosis who were

un we

psychosis who were unemployed were recorded as not seeking work 17%

of people with psychosis who did not want to pursue education, training or work had documented evidence of being offered support to get involved in other activities

Among those people with psychosis that were unemployed and seeking work:



were offered employment support, of which...



2% ...were specifically offered Individual Placement and Support (IPS)

Key findings of this audit should be considered in context of the COVID-19 pandemic.

Teams are to be commended for still managing to provide employment support to 43% of people with psychosis who were unemployed and seeking work in the context of the pandemic.











(for the baseline audit period up to March 2020)

Using data to drive cardiovascular disease prevention



## CVDPREVENT

First Annual Audit Report – Key messages

For the baseline audit period up to March 2020

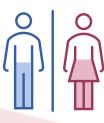


**Hypertension:** About 4 in 10 people with recorded hypertension also had obesity, increasing to 5 in 10 in the working age population





Hypertension: 69% of females and 66% of males were treated to target.





Atrial Fibrillation: Females, with



high stroke risk, aged 40-59years, less likely to be prescribed an anticoagulant





## Familial Hypercholesterolaemia (FH):



The audit results suggest under recording of FH, highlighting opportunities to identify people with this genetic condition at a younger age





**Cholesterol:** Prescription for lipid lowering therapy was 93% for patients with CVD and 74% for those with CKD



93% Patients with CVD

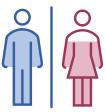




Cholesterol: Females with CVD

aged 40 to 59 years were less likely to have a prescription for a lipid lowering therapy







Cholesterol: People with CVD in Black ethnic groups are least likely to have a prescription for a lipid lowering therapy, Asian ethnic groups are most likely





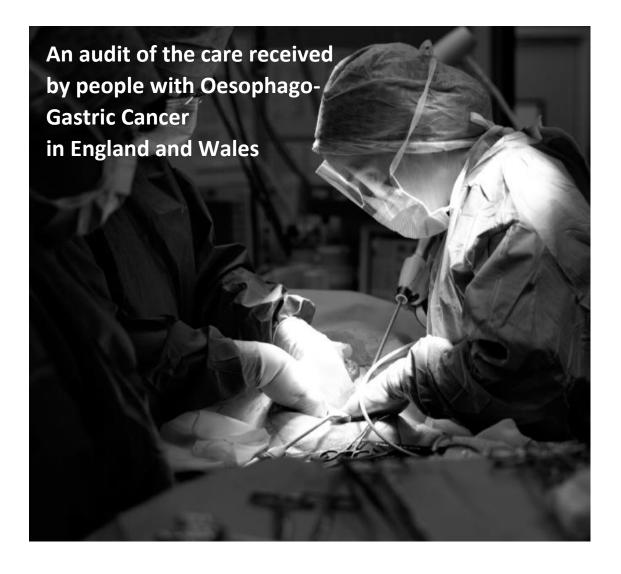


Black ethnicity

Asian ethnicity

# National Oesophago-Gastric Cancer Audit

2021



December 2021



## NOGCA | National Oesophago-Gastric Cancer Audit

## 2021 Annual Report:

High-grade dysplasia of the oesophagus

The Audit received information about

605

#### patients in England

diagnosed with high-grade dysplasia of the oesophagus between April 2018 and March 2020.

#### Patient characteristics



- Median age: 71 years
- 73% male
- 1 in 2 had at least one comorbidity at time of diagnosis
- 81% had a segment of Barrett's oesophagus
- 58% were diagnosed while on surveillance programmes and 42% via referral

#### Recommended process of care



of patients had their diagnosis confirmed by a second pathologist



of patients were discussed at a multidisciplinary team meeting



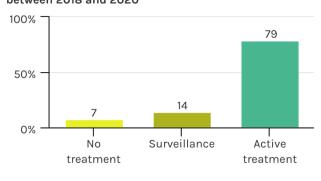
of patients had a plan for endoscopic therapy

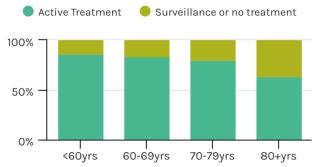


56% of patients placed under surveillance were unfit for active treatment

#### Primary treatment plan

## Primary treatment among patients diagnosed between 2018 and 2020





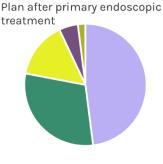
The choice of an active treatment compared to surveillance or no treatment varied by age at diagnosis.

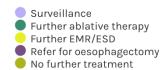
#### Outcomes of endoscopic treatment

Outcomes after endoscopic mucosal resection / endoscopic submucosal dissection in 2019/20

14% of endoscopic resections had positive deep margins (HGD cells present at the base of the removed specimen)

18% of endoscopic resections had positive lateral margins (HGD cells present at the side edges of the removed specimen)





#### Glossary

**Barrett's oesophagus** - Changes in the cells on the inner lining of the lower part of the oesophagus.

**EMR/ESD** - endoscopic mucosal resection/ endoscopic submucosal dissection -Procedures to remove abnormal tissue from the digestive tract using a telescopic camera to quide instruments.

High-grade dysplasia of the oesophagus - The presence of severely abnormal cells (precancerous cells) in the lining of the oesophagus. It can turn into cancer if it is left untreated.

## NOGCA | National Oesophago-Gastric Cancer Audit

## **2021 Annual Report:**Oesophago-gastric cancer

The Audit received information about

20,319

## patients in England and Wales

diagnosed with oesophago-gastric (OG) cancer between April 2018 and March 2020, including 14,708 patients with oesophageal cancer and 5,611 patients with gastric cancer.

#### Patient characteristics

#### Oesophageal cancer

- Median age: 72 years
- 71% male
- 41% stage 4 cancer

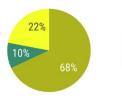


#### Stomach cancer

- Median age: 74 years
- 66% male
- 43% stage 4 cancer

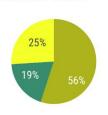
#### Routes to diagnosis

#### Oesophageal cancer



GP referral
Emergency admission
Other hospital setting

#### Stomach cancer



Patients with stomach cancer are more likely to be diagnosed following an emergency admission than patients with oesophageal cancer.

Adjusted rates of emergency diagnosis have remained largely unchanged over the last five audit years.

#### Waiting times



Median waiting times from referral to start of treatment have not improved over the last five Audit years, for both curative and non-curative treatments.

Waiting times were excessive for a significant proportion of patients in many regions.

Among patients diagnosed with OG cancer in 2018-2020:



waited >104 days from referral to start of curative treatment 53%

of patients diagnosed after an urgent GP referral waited >62 days from referral to first treatment

#### Nutritional management

Among patients diagnosed with OG cancer in 2019-2020, 79.9% received dietetic support between diagnosis and treatment. The majority of these patients had advice from a specialist OG dietitian:



#### Outcomes of curative surgery

#### Oesophagectomy

Median length of stay

11 days

90-day mortality

3.6%

Positive longitudinal margins
4.0%

### Gastrectomy

Median length of stay

9 days

90-day mortality 2.4% Positive longitudinal margins 8.8%

#### Glossary

Stage 4 cancer - This describes advanced cancers which have spread beyond the site of the original tumour to other organs/parts of the body. Treatment options are limited to therapies that might extend life or control symptoms but are unlikely to result in remission.

**Oesophagectomy** - The surgical removal of all or part of the oesophagus.

 ${\bf Gastrectomy}$  - A surgical procedure to remove either a section or all of the stomach.

Margins - The edge of the tissue that is removed during surgery. A positive margin means that there are cancer cells at the edge of the removed tissue and more surgery may be needed.