

NPDA – patient/carer perspective SDM 05 08 21

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Background and context

- Contacts
 - Families with Diabetes Network
 - Digibete
 - Juvenile Diabetes Research Foundation
- Previous surveys
 - Psychology 2015 (855 responses)
 - Outcomes check year (613 responses)
 - CGM 2016 (593 responses)
- Organisational responses
 - + 10 families



What we asked about

- Main areas of concern
- Greatest benefits
- Areas for improvement
- Transitioning
- Outputs



- Access and funding for technology
- Psychological and emotional support
- National variation in care especially related to ethnicity and deprivation
- Unequal access to technology
- Out of hours support
- Ward safety
- Continuity of care
- Covid impact



- Relationship with the teams
- Technology specifically CGM
- Psychological support
- Peer to peer support
- Structured education



- Availability of embedded psychological support
- More funding for national peer support
- Access to technology
- Equality of access to all the above to all communities
- Out of hours care
- Ward knowledge and safety
- Consistency in teams
- GP awareness



- Variable experiences
- Under resourced adult teams
- Tech-related funding issues
- Losing family support and parents not allowed into appointments
- Fear the lack of personal relationships in adult services



Children and YP – short term

if I have to have type 1 forever Control of blood sugar levels being treated differently hypo during sleep high blood sugar breaking my pump keytones testing exams nothing Not having sweets Peer pressure bullies DKA hypos at night Severe hyper School hypos coping funding school hypos needles that hurt severe hyper School hypos needles that hurt set changes control forgetting complications Going low and fainting becoming ill staying healthy being judged getting wrong insulin dose Going high and feeling angry Managing it in front of my friends doing my injection in public



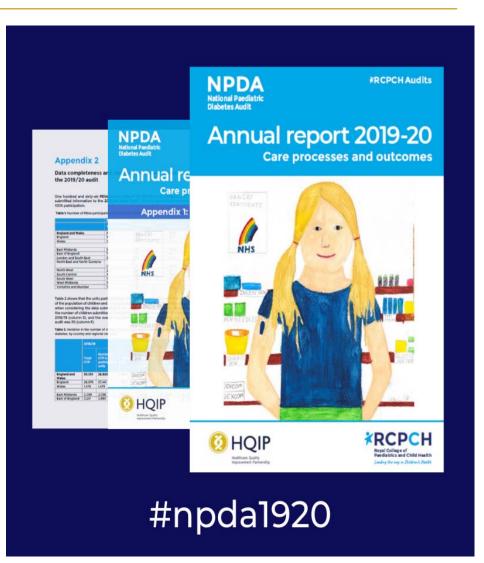
C & YP - long term

transition to adult care will my kids have diabetes being lonely my future health coma having to do it myself its for life and every day hypos in sleep my children getting diabetes severe hypo work dying amputation not being able to have children alcohol eyesight complications being a burden feet nothing brain damage university not getting a career driving forgetting stuff leaving home losing limbs not losing weight not being able to have kids doing cannulas by myself organ failure brain-damage

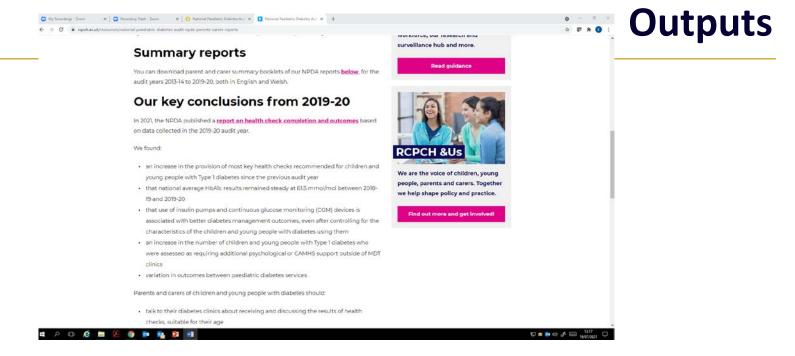


Outputs

- Visually appealing, well presented
- Easy to read and follow
- Helpful and reassuring
- Useful guide to understand the importance of checks and assessments
- Highlights the needs of children
- Makes me realise that we're not alone







- Lack of awareness
- Diabetes teams' role in signposting
- More comparison data available to families
- Foot checks data
- Admissions data

- More information on;
 - Psychology screening
 - CGM funding
 - Technology comparisons
 - Inequalities





- Relationships
- Technology
- Psychology
- Raising awareness
- Dissemination of outputs for information

