

An emergency laparotomy (emergency bowel surgery) is a surgical operation for patients, often with severe abdominal pain, to find the cause of the problem and treat it. General anaesthetic is used and usually an incision made to gain access to the abdomen. Emergency bowel surgery can be carried out to clear a bowel obstruction, close a bowel perforation and stop bleeding in the abdomen, or to treat complications of previous surgery. These conditions could be life-threatening. The National Emergency Laparotomy Audit was started in 2013 because studies showed this is one of the most risky types of emergency operation and lives could be saved and quality of life for survivors enhanced by measuring and improving the care delivered.

Executive Summary

Results from 2018–2019, the sixth year of the National Emergency Laparotomy Audit

Principal performance statistics are available here

24,823 patients had emergency laparotomies in England and Wales

> National 30-day mortality rate has fallen to 9.3% (11.8% in Year 1)



19.2 days 15.4 days





84% of patients

now receive a preoperative assessment of risk (up from 77% last year, and 56% in Year 1)

97% of high-risk patients had consultant surgeon input before surgery (95% in Year 4)



94% of high-risk patients had consultant anaesthetist input before surgery (88% in Year 4)

85% of high-risk patients admitted to critical care (80% in Year 4)







90.5% of patients

received a preoperative CT scan

62% of these patients

had their scan reported by a consultant radiologist

Both anaesthetic and surgeon consultant presence intraoperatively is at 88.5%, but only 77.4% out of hours



Over 1/4 of patients

needing the most urgent of surgery did not get to the operating theatre in the recommended time frame





85% of patients

with sepsis reached theatres in the appropriate timeframe

Time to antibiotics in patients with sepsis remains poor with 79.7% not receiving antibiotics

within one hour



56% of patients are over the age of 65

> Only 28.8% of frail patients over 65 had geriatrician input



Churchill House, 35 Red Lion Square, London WC1R 4SG | 020 7092 1676 info@nela.org.uk nela.org.uk @NELANews

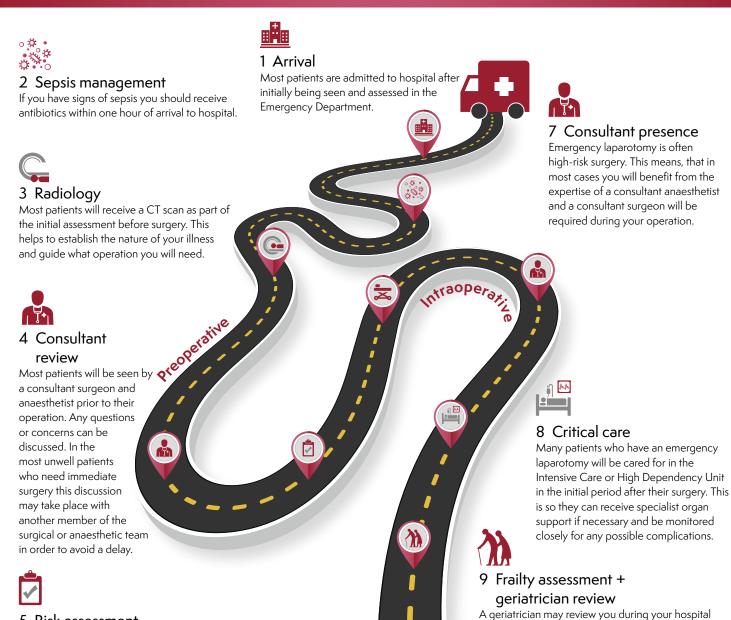








The Emergency Laparotomy patient perioperative journey



5 Risk assessment

The risk of death associated with emergency laparotomy surgery should be assessed and discussed with you before your operation. This enables you to be fully involved in any decisions regarding surgery and ensures that you receive the appropriate levels of care before, during and after your operation.



6 Timely admission to theatre

It is important that you have your operation in a timely fashion. How quickly you have your operation is dependent on why you need surgery. In some circumstances it may be appropriate to try alternative treatments first.

For more details on National Standards please visit our website



stay as part of the team looking after you to help

10 Discharge and future recovery Many patients will have had a long stay in hospital after an emergency laparotomy. There will often

be an additional period of recovery required after

discharge. The hospital medical and nursing teams,

your GP and community nursing teams will be able

to help and provide support. You should receive a follow up appointment with the surgical team.

improve your recovery after surgery.