

# What happened in the audit?

## People's case notes were eligible for inclusion if:

- They were 18 years or over
- They ended psychological therapy between 1 September 2017 and 31 August 2018
- People's case notes were not eligible if they received a diagnosis of psychosis as this is covered in [the National Clinical Audit of Psychosis](#)

\* Some Trusts registered more than one service. See '[Limitations of the Audit](#)' for more information.



OCT 2018

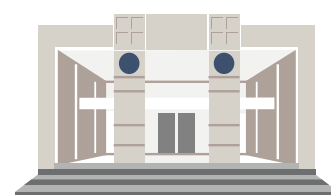
NOV 2018

DEC 2018

JAN 2019

NHS Trusts sent the RCPsych an **anonymised** list of all eligible service users from each of their services.

The RCPsych **randomly** chose 30 service users from each service to be included in the audit. If the total number of eligible service users was less than 30, then all were included in the case note audit.



Adults who were eligible for the case note audit were also sent the service user survey. All therapists at registered services were sent the therapist questionnaire. Both sets of surveys were returned directly to RCPsych for analysis.

**Analysis involved looking for evidence that the standards have been met.**

**50** NHS Trusts participated and registered a total of **232** services\*. Overall, **4,462** service users' case notes, **662** service user surveys and **1,453** therapist questionnaires were analysed.

The next part of this report presents the results from the audit. The results for each standard are presented along with recommendations for improving the quality of care.

A recommendation is given for each standard, followed by why it matters from the perspectives of service users and carers.

Percentages have been rounded to the nearest whole number for ease of reading so some graphs/tables will add to 99% or 101%.