

Appendix III

Examples of Good Practice within Local Transition Services

Below are some examples of good practice within transition services in the NHS. These units have implemented best practice pathways and programmes to deliver high quality transition services for children and young people.

- **South East Strategic Clinical Networks**
The East Coast Maternity Children and Young People Strategic Clinical Network produced a best practice pathway guidance for children and young people with diabetes, asthma or epilepsy transitioning to adult services.
https://www.myhealth.london.nhs.uk/system/files/SESCN%20Best%20Practice%20Pathways%20%26%20Guidance%20-%20Summary%20Document_0.pdf
- **“Ready Steady Go”**
University Hospital Southampton NHS Foundation Trust successfully introduced the Ready Steady Go Programme which encompasses a suite of resources designed to deliver high quality transition for CYP across all sub-specialities. The programme was developed in reference to NICE guidance and has since been adopted by other Trusts. <http://www.uhs.nhs.uk/OurServices/Childhealth/TransitiontoadultcareReadySteadyGo/Transitiontoadultcare.aspx>

Details of the implementation of the programme can be found via this link:
<https://www.nice.org.uk/sharedlearning/implementing-transition-care-locally-and-nationally-using-the-ready-steady-go-programme>
- **Great Ormond Street Hospital**
The hospital provides detailed information on transition for its patients and their parents with specialised support from the adolescent medicine team. <http://www.gosh.nhs.uk/parents-and-visitors/advice-when-you-leave/transition-adult-services>

- University College London Hospitals NHS Trust
The Trust provides specialist CYP adolescent services for 13-18 year olds that is developmentally appropriate and offers access to holistic care from an extensive multidisciplinary team.
<http://www.uclh.nhs.uk/OurServices/ServiceA-Z/CYPS/SAS/Pages/Home.aspx>
- Stepping Stones
In March 2015 the Yorkshire and Humber Strategic Clinical Network for Children established a Task and Finish Group for Transition as part of its work programme to promote a coordinated approach between NHS, health and social care, local authorities, voluntary organisations and other appropriate stakeholder organisations to support the delivery of Young People Friendly transitional care. Though the network is no longer active, a number of services across Yorkshire and the Humber are still using the Stepping Stones tool. Paediatric services providers also hold regular transition network meetings.
<http://www.yhscn.nhs.uk/Transition/TransitionCommissionersGuidance.php>
- Northumbria Healthcare NHS Foundation Trust – Making Healthcare Work for Young People
Following on from the transitional care NIHR research project, Northumbria Healthcare Trust have developed a toolkit to support the delivery of developmentally appropriate healthcare.
<https://www.northumbria.nhs.uk/wp-content/uploads/2017/04/nhs-making-healthcare-work-web-02.pdf>
- NHS Kidney Care commissioned six projects in 2013 to develop new approaches for supporting young adults with kidney disease. The results offer innovative ways for delivering transitional care across the NHS, for example a young adult clinical service with regular community-based clinics held in student colleges and sports centres. These strategies may be applicable to young adults with other chronic illnesses.
http://www.nwscnsenate.nhs.uk/files/1014/2920/0015/16-04-2015_1600_642.pdf