

## Appendix I

### Documents Supporting National Policy for Child to Adult Transition Services

#### 1) Government

##### Children and Families Act 2014

<http://www.legislation.gov.uk/ukpga/2014/6/contents/enacted>

##### The UN Convention on the Rights of the Child

[https://downloads.unicef.org.uk/wp-content/uploads/2010/05/UNCRC\\_united\\_nations\\_convention\\_on\\_the\\_rights\\_of\\_the\\_child.pdf](https://downloads.unicef.org.uk/wp-content/uploads/2010/05/UNCRC_united_nations_convention_on_the_rights_of_the_child.pdf)

Both these documents cover the rights of the child/young person to have their healthcare needs met.

#### 2) Parliament

The House of Commons Select Committees on Health and Education have agreed to launch a joint inquiry to scrutinise the proposed scope and implementation of the Government's Green Paper on Transforming Children and Young People's Mental Health Provision. The Green Paper outlines plans to provide support for young people transitioning to adult services including wider support strategies for the 16-25 age group.

[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/664855/Transforming\\_children\\_and\\_young\\_people\\_s\\_mental\\_health\\_provision.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/664855/Transforming_children_and_young_people_s_mental_health_provision.pdf)

The All Party Parliamentary Group (APPG) for Young People's Health works to bring Parliamentarians, young people, health system partners and the voluntary sector to promote and facilitate discussion around young people and their health outcomes. The Association for Young People's Health (AYPH) provides the secretariat for the APPG.

#### 3) Department of Health

Moving on Well.

A good practice guide for health professionals on transition planning for young people with complex health need or a disability.

[http://www.bacdis.org.uk/policy/documents/transition\\_moving-on-well.pdf](http://www.bacdis.org.uk/policy/documents/transition_moving-on-well.pdf)

National Service Framework Hospital Standards.

This document sets out the standard for the care of children and young people when they are in hospital.

[https://www.nhs.uk/nhsengland/aboutnhservices/documents/nsf%20children%20in%20hospitalldh\\_4067251%5B1%5D.pdf](https://www.nhs.uk/nhsengland/aboutnhservices/documents/nsf%20children%20in%20hospitalldh_4067251%5B1%5D.pdf)

#### 4) Public Health England:

Improving Young People's Health and Wellbeing – A Framework for Public Health.

This Framework addresses the specific public health needs of this age group. It sets out six core principles that will promote a more effective, integrated response to needs. Produced in response to the Chief Medical Officer's 2012 Annual Report.

[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/399391/20150128\\_YP\\_HW\\_Framework\\_FINAL\\_WP\\_\\_3\\_.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/399391/20150128_YP_HW_Framework_FINAL_WP__3_.pdf)

## 5) NHS England:

### **NHS Outcomes Framework**

Transition covers all five domains in the NHS Outcome Framework, particularly domain 2 - Enhancing quality of life for people with long-term conditions.

<https://beta.digital.nhs.uk/data-and-information/publications/ci-hub/nhs-outcomes-framework>

### **CCG Outcome Indicators**

CCG Outcomes Indicator measures are developed from NHS Outcomes Framework indicators that can be measured at clinical commissioning group level together with additional indicators developed by NICE and the Health and Social Care Information Centre. Transition covers all five domains.

<https://www.england.nhs.uk/wp-content/uploads/2012/12/ccg-ois-2015-glance.pdf>

### **Commission for Quality and Innovation (CQUIN)**

NHS England has introduced a financial incentive to improve the experiences of young people leaving children's and young people's mental health services on the basis of their age by including age-based transitions out of mental health services commissioned by Clinical Commissioning Groups (CCGs) as part of the 'Commissioning for Quality and Innovation' (CQUIN) payments framework in 2017-19. This sets out a framework for joint-agency transition planning with young people at its heart, to enable better transition experiences for young people.

<https://www.england.nhs.uk/wp-content/uploads/2016/11/cquin-2017-19-guidance.pdf>

### **Diabetes Transition Service Specification**

Document aimed at CCG leaders, CSU Managing Directors, NHS England Directors of Commissioning Operations, GPs, Communications Leads and Directors of Children's Services. This specification and guidance sets out a best practice model and outlines the considerations commissioners may want to make in providing services for young people with diabetes going through the transition process.

<https://www.england.nhs.uk/wp-content/uploads/2016/01/diabetes-transition-service-specification.pdf>

## 6) Care Quality Commission:

### **Four CQC priorities for transition:**

- Commissioner and providers must listen to, involve and learn from young people and their families and understand what they want from their care.
- Existing national guidance must be followed so that young people are appropriately supported through their transition.
- GPs should be more involved at an earlier stage in planning for transition.
- Services must be tailored or meet the needs of young people transferring from children's health services and include extra training for health care staff in caring for young people.

## 7) NICE Guidance NG43

This guideline covers the period before, during and after a young person moves from children's to adults' services. It aims to help young people and their carers have a better experience of transition by improving the way it's planned and carried out. It covers both health and social care.

<https://www.nice.org.uk/guidance/ng43>

## Royal Colleges Supporting Child to Adult Transition

### Royal College of Nursing (RCN)

*Lost in transition: Moving young people between child and adult health services.*

Publication aimed at health professionals who work with children and young people and includes information on the principles of good practice in arranging transitions, keyworkers' roles in transition, young people's involvement and processes and protocols.

<https://www.rcn.org.uk/professional-development/publications/pub-003227>

### Royal College of Physicians (RCP)

As part of the Future Hospital Programme, the RCP launched the young adults and adolescents transition project with the aim to improve the quality of care for young adults and adolescents with long-term and complex conditions as the transition from paediatric to adult services.

#### **Acute Care Toolkit 13: Acute care for adolescents and young adults**

Toolkit recommends ways to face the challenges of acute care for adolescents and young people (aged 16-24) and how to implement whole systems approach, models of care and suggested education and training. It includes quality criteria, and an outcomes framework for adolescents and young adults on the acute medical unit.

<https://www.rcplondon.ac.uk/guidelines-policy/acute-care-toolkit-13-acute-care-adolescents-and-young-adults>

### Royal College of Physicians of Edinburgh (RCPE)

#### **Think Transition – developing the essential link between paediatric and adult care.**

Guidance document developed by the RCPE transition steering group to raise awareness of the important issues facing young people as they move from paediatric to adult care, and to prove all concerned with practical support to improve their experiences across services.

<http://www.londoncancer.org/media/61885/rcpe-transition-steering-group-2008.pdf>

### Royal College of Paediatrics and Child Health (RCPCH)

#### **Facing the Future: Standards for children with ongoing health needs.**

Developed in collaboration with Royal College of General Practitioners, Royal College of Psychiatrists, Royal College of Nursing and Royal College of Physicians. Eleven standards organised along the child's journey with the aim to ensure children's healthcare provision is co-ordinated and joined up. The standards are designed to ensure that child health services are proactive and planned and that children are involved in designing and evaluating care so that service are built around their needs. Standards 4-8 focus in improving the long-term care and management of children including transition planning. Standard 6 in particular recommends that "service planners ensure there us a designated person within the child health service who is responsible for ensuring g that developmentally appropriate transitional care is provided and co-ordinated by both child and adult services".

<https://www.rcpch.ac.uk/system/files/protected/page/Facing%20the%20Future%20Standards%20for%20children%20with%20ongoing%20health%20needs%202018-03.pdf>

#### **& Us® Engagement Team – RCPCH**

The Children and Young People's Engagement Team at RCPCH works to ensure that the voice of children, young people and families is utilised to shape the healthcare of children and young people. The & Us® network and the Engagement Collaborative are actively used to seek and share the views of children, young people and families to influence and shape policy and practice.

<http://www.voices.rcpch.ac.uk/team>

The RCPCH &Us programme at the Royal College of Paediatrics and Child Health collect and collate responses from children, young people and families on issues that affect them such as transition. These views are then shared with programme boards, project teams and feed into standards, guidelines and audits of services delivered by the RCPCH. To find out more, please contact RCPCH &Us by email [and\\_us@rcpch.ac.uk](mailto:and_us@rcpch.ac.uk)

The RCPCH has created guidance for actively involving the voices of children, young people and their families in committees so that it is a meaningful experience for all those involved. [https://i.emlfiles4.com/cmpdoc/7/5/2/0/5/files/496793\\_cyp-lay-representatives\\_a4-version\\_8march\\_final\\_print.pdf?utm\\_source=Royal%20College%20of%20Paediatrics%20and%20Child%20Health&utm\\_medium=email&utm\\_campaign=9258040\\_%26Us%20Engagement%20Collaborative%20April%202018&dm\\_i=12S1,5IFJS,MU1EIR,LSFAS,1](https://i.emlfiles4.com/cmpdoc/7/5/2/0/5/files/496793_cyp-lay-representatives_a4-version_8march_final_print.pdf?utm_source=Royal%20College%20of%20Paediatrics%20and%20Child%20Health&utm_medium=email&utm_campaign=9258040_%26Us%20Engagement%20Collaborative%20April%202018&dm_i=12S1,5IFJS,MU1EIR,LSFAS,1)

In 2017, the RCPCH released its guidance for *Involving children and young people in specialised commissioning* that offers advice on engaging children and young people at a strategic level. [https://www.rcpch.ac.uk/sites/default/files/Involving\\_CYP\\_in\\_specialised\\_commissioning\\_final\\_23.06.2017\\_web.pdf](https://www.rcpch.ac.uk/sites/default/files/Involving_CYP_in_specialised_commissioning_final_23.06.2017_web.pdf)

Further information from the RCPCH on the legislation surrounding the engagement of children, young people and their families can be found via this link: [https://www.rcpch.ac.uk/sites/default/files/And\\_Us\\_-\\_Legislation\\_briefing.pdf](https://www.rcpch.ac.uk/sites/default/files/And_Us_-_Legislation_briefing.pdf)

### **Royal College of Psychiatrists (RCPsych)**

#### **Guidance for commissioners of mental health services for young people making the transition from child and adolescent to adult services.**

The Joint Commissioning Panel for Metal Health (a collaboration between the RCPsych and Royal College of General Practitioners) published this guidance aimed at improving commissioning of effective transition services between child and adult mental health services.

[https://www.rcpsych.ac.uk/pdf/JCP-MH%20CAMHS%20transitions%20\(March%202012\).pdf](https://www.rcpsych.ac.uk/pdf/JCP-MH%20CAMHS%20transitions%20(March%202012).pdf)

This guidance follows on from Planning mental health services for young adults – improving transition, which was produced as a resource for health and social care commissioners in their panning, reviewing and delivery of mental health services for adults and young people.

<https://www.rcpsych.ac.uk/pdf/RT%20planning-mental-health-services-for-young-adults--improving-transition.pdf>

### **Royal College of Surgeons of England (RCSEng)**

#### **Standards for Children's Surgery**

As part of the governance and leadership arrangements, these standards stipulate that there should be a “policy in place and an identified lead for the transitional care of young people moving to adult services, including children and young people with special needs”.

[https://www.google.co.uk/url?sa=t&rct=j&q=&esrc=s&source=web&cd=1&ved=0ahUKEwiA\\_orZr\\_3ZAhVCLcAKHUDODugQFggpMAA&url=https%3A%2F%2Fwww.rcseng.ac.uk%2F-%2Fmedia%2Ffiles%2Frcs%2Flibrary-and-publications%2Fnon-journal-publications%2Frcs\\_standards\\_for\\_childrens\\_surgery\\_2013.pdf&usg=AOvVaw3scZeydfyOeQ4DtloWcDY](https://www.google.co.uk/url?sa=t&rct=j&q=&esrc=s&source=web&cd=1&ved=0ahUKEwiA_orZr_3ZAhVCLcAKHUDODugQFggpMAA&url=https%3A%2F%2Fwww.rcseng.ac.uk%2F-%2Fmedia%2Ffiles%2Frcs%2Flibrary-and-publications%2Fnon-journal-publications%2Frcs_standards_for_childrens_surgery_2013.pdf&usg=AOvVaw3scZeydfyOeQ4DtloWcDY)