

# For Patients/Carers

Things to consider if you go into a general hospital & have a mental health condition

## Treat as One

Bridging the gap between mental and physical healthcare in general hospitals

See [www.ncepod.org.uk](http://www.ncepod.org.uk) for more information



If you go into a hospital for treatment of your physical health, such as going to A&E or in for an operation, the hospital staff may not know that you have a mental health condition.

If you are under a GP for treatment or a mental health hospital, your information may not have been passed on to the hospital you are being treated in - always let them know.



When the doctors or nurses are asking about other things such as whether you smoke or have high blood pressure tell them about your mental health condition, and ask them to write it in your notes so that you don't have to tell lots of different people.

Your medications may be stopped when you go into hospital or you may have gone in without them - make sure the hospital staff know. If possible take a list of your medicines, doses and schedules.



When you are discharged from hospital make sure you know what medications you should be on and when you will hear about a follow up appointment, either with your GP or at the hospital.



Hospitals don't always have fast access to mental health services. The sooner they are aware you might need access to such a service the sooner they can get support for you.

